

A Two-Day Workshop by Professor David A. Clark, Ph.D.

Date: 1 - 2 December 2018 (Saturday and Sunday)

Time: 9:30 a.m. - 5:30 p.m.

Venue: Lecture Theatre D1-LP-03:
(Block D1, Lower Podium Level, Room 03)
The Education University of Hong Kong
10, Lo Ping Road, Ting Kok, Tai Po, N.T.

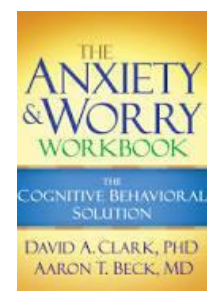
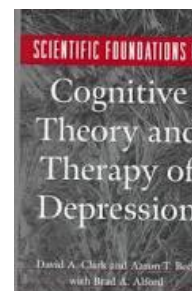
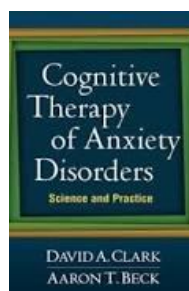


Transport: Free shuttle coaches will be provided on both dates, departing from Kowloon Tong MTR and from CUHK MTR.

Day 1: **Unwanted Mental Intrusion: A Transdiagnostic Treatment for Persistent Anxiety and Depression**

Day 2: **The Problem of Obsessions: How to Boost CBT Effectiveness with Self-Regulation Strategies**

Co-organized with:



CE/CME Pending

Division of Clinical Psychology,
Hong Kong Psychological Society
Hong Kong College of Psychiatrists
Hong Kong College of Family Physicians
MCH CME Programme

