



Workshop Announcement

Dear Colleagues,

CACBT, in conjunction with the Department of Psychology, The Chinese University of Hong Kong, wishes to announce that Professor Paul Salkovskis from the Institute of Psychiatry, London, will be running a special one-day workshop on Saturday, 17th October, 2009. Tea and lunch will be included in the enrolment. Details of the workshop are as follows:

Date: 17th October, 2009 (Saturday)

Topic: *Improving CBT for Anxiety: Better art and better science will make better therapy*

Venue: *Lecture Theatre 1, Ground Floor, Esther Lee Building, The Chinese University of Hong Kong*

Tea Break: *Foyer Area, outside Lecture Theatre 1*

Lunch: *Li Wai Chun Coffee Shop, 3rd Floor, Wong Foo Yuan Building.*

This special one-day workshop by a world-renowned expert is pitched at clinical psychologists, clinical psychology trainees and mental health professionals who already have some working knowledge and experience with the anxiety disorders.

In this advanced workshop, effective ways of blending “clinical art” and “clinical science” in helping people with anxiety disorders will be explored. Topics covered will include developments in general cognitive theory, co-morbidity with DSM-IV Axis II problems, and ways of obtaining more effective and efficient outcomes.

Honorary Advisors

David H Barlow, PhD
Aaron T Beck, MD
Dinesh Bhugra,
FRCPsych (UK)
Helen FK Chiu,
FHKAM(Psychiatry)
Frank M Dattilio, PhD
Elizabeth Kuipers, PhD
Li Lingjiang, MD
Cory F Newman, PhD
Christine A Padesky, PhD
Stanley Rachman, PhD
Ron Rapee, PhD
Paul M Salkovskis, PhD

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Honorary Legal Advisor
Raymond ML Chak
翟文禮先生

The workshop will high-light special considerations in intensive treatments, and how to strike a balance between allegiance to evidence-based treatment protocols and clinical flexibility. To add on clinical relevance to local practitioners, participants are encouraged to present case materials as part of the workshop.

All paid-up members of CACBT will be able to enjoy a very special discounted rate of \$800 instead of the regular enrolment fee of \$1,200 for non-members. Tea and lunch are included in the subscription fee. As we are expecting rapid over-subscription to the workshop, we urge you to renew your membership now, or to apply as our member, if you hold professional qualifications in a healthcare-related field. If you are a new applicant for CACBT membership, please do not forget to enclose a copy of your professional certificate with your application form so that vetting can be processed without undue delay.

Your CACBT membership for the current year will also enable you to our members' discount in the forthcoming January 2010 two-day workshop on "*Cognitive Therapy for Substance Abuse*" conducted by Dr. Cory Newman.

Please download the membership application form at <http://www.cacbt.org/pic/downloads/ApplicationForm.pdf>.

Looking forward to seeing you at the workshops.

Yours sincerely,



WONG Chee Wing, PsychD

Chairman

CACBT

6 August 2009

Co-organized with:

