



31 January 2007

Dear Colleagues,

I am pleased to announce that our Association will be organizing a two-day Professional Workshop on “*CBT for Psychosis: Theory and Advanced Practice Skills*” at the end of March 2007. This event is co-organized with the Department of Psychology, University of Hong Kong. On this occasion, we have the rare privilege of inviting two prominent scholars from University College London (UCL), and the Institute of Psychiatry (IoP). Both speakers are themselves experienced clinicians in the field of psychosis and are highly regarded in the international arena.

Professor Elizabeth Kuipers is Head of the Psychology Department, King’s College London, in the world renowned Institute of Psychiatry. Professor Paul Bebbington is Head of the Department of Mental Health Sciences in UCL, and has been a top psychiatrist at the Maudsley Hospital and researcher at the IoP for many years.

The two-day Workshop aims to instill a comprehensive understanding of psychosis, which is more popularly referred to as 「思覺失調」 in the local scene. Through the Workshop, participants can gain basic working knowledge on the identification of psychosis and its social determinants. The most updated research and theories on psychosis will be covered, laying a firm theory-driven, empirically-based, ground for dealing with delusions and hallucinations using a cognitive behaviour therapy approach. Local cases will be presented to illustrate the systematic, step-by-step, approach in engagement, formulation and intervention.

The Workshop is scheduled for two days on **30 and 31 March 2007** (Friday and Saturday) between 9:00 a.m. and 5:00 p.m. The venue will be Lecture Theatre 6 (T6), Meng Wah Complex in the University of Hong Kong.

Honorary Advisors

David H Barlow, PhD

Aaron T Beck, MD

Dinesh Bhugra,
FRCPsych (UK)

Elizabeth Kuipers, PhD

Li Lingjiang, MD
李凌江教授

Cory F Newman, PhD

Christine A Padesky, PhD

Stanley Rachman, PhD

Ron Rapee, PhD

Paul M Salkovskis, PhD

Executive Committee

Chairman

Wong Chee-wing, PsychD
黃熾榮博士

Vice-Chairman

Roger MK Ng
FHKAM (Psychiatry)
吳文建醫生

Scientific Secretary

Calais KY Chan, PhD
陳乾元博士

Membership Secretary

Michael GC Yiu
FHKAM (Psychiatry)
姚家聰醫生

Treasurer

Ng Kee-on, PsychD
吳基安博士

Professional Advisor

Chan Wah-fat
FHKAM (Psychiatry)
陳華發醫生

As in previous workshops organized by CACBT, members and full-time university students will enjoy substantial discounts. I attach an enrolment form for your early actions. Deadline for enrolment is 24 March 2007 (Saturday). Please send in your cheque and enrolment to our new business address:

Suite 1221, Bank of America Tower, 12 Harcourt Road, Central, Hong Kong.

You are also invited to browse our updated web page on <http://www.cacbt.org>. For enquiries, please e-mail us on info@cacbt.org.

It is only through your ardent support as a mental health professional that our Association can continue to bring you top-notch trainers and speakers from all over the world. The track record of CACBT in bringing you renowned scholars such as Jack Rachman, David Barlow, Cory Newman, Clare Philips, and Leslie Sokol are points in fact. The enrolment fee is indeed a small amount to pay if you consider the fact that you usually need to go overseas to participate in workshops and lectures delivered by such prominent figures.

CACBT is a non-profit-making professional organization and we continuously adjust our workshop fees near to where we can make both ends meet. More participation from you will ultimately help to keep the cost down, and to benefit a wider array of like-minded professionals like yourself.

Once again, I extend my warm invitation to you and hope to see you in the Workshop.

Yours sincerely,



WONG Chee Wing, PsychD
Chairman
CACBT

Co-organiser:
Department of Psychology

